

BEGINNER · 29 min read · June 24, 2026

Claude AI in 10 Minutes

The non-tech beginner's guide to getting started, no coding required.

PART 1 What Is Claude?

4 things every new user needs to understand before they start

Welcome. If you have never used Claude before, you are in exactly the right place. This guide is written for everyone, not just tech people. No jargon. No complicated setup. Just clear, honest answers to every question a new user has.

Topic 1 of 4: What Claude Is (And Why It's Different)

Claude is an AI assistant built by Anthropic, a company founded with one goal: to create AI that is safe, honest, and genuinely helpful. Think of Claude as a brilliant, patient collaborator who is available 24 hours a day, seven days a week, never gets tired, never judges your questions, and actually reads everything you type.

How is Claude different from a Google search?

When you search Google, you get links. You still have to click, read, filter, and figure out the answer yourself. When you talk to Claude, you get an actual answer written specifically for your situation. If it is not quite right, you say so and Claude adjusts. It is a conversation, not a search.

How is Claude different from other AI tools?

Anthropic built Claude to be honest first. If Claude does not know something, it tells you, rather than making something up. That matters when you need accurate, reliable answers you can actually act on. Claude also acts more like a thoughtful advisor than a people-pleasing assistant. It will offer alternatives, flag things you might have missed, and push back when it makes sense.

What can Claude help you with?

- Writing and editing: emails, captions, essays, proposals, scripts, and more
- Research: summarizing articles, comparing options, finding answers fast
- Planning: brainstorming ideas, building calendars, mapping out strategies
- Analysis: reviewing drafts, thinking through decisions, spotting gaps in a plan
- Learning: explaining any concept in plain language, no matter how technical it is
- Creating: drafting documents, building spreadsheets, writing simple web pages

TIP

The single biggest difference between people who get great results from Claude and people who do not? **Specificity**. The more context you give, the better the output. We cover this in detail in Part 4 of this guide.

Topic 2 of 4: How to Access Claude

You can use Claude on any device you already own. There is nothing complicated to set up and no new ecosystem to learn. Open it, type your question, and go.

Where	How to Get There	Best For
Web Browser	Go to claude.ai in any browser	Fastest start, no download needed, works on any computer
iPhone or iPad	Search "Claude" in the App Store	Using Claude on the go from your Apple device
Android	Search "Claude" in Google Play	Using Claude on the go from your Android device
Desktop App	Download from claude.ai for Mac or Windows	Faster access, lives in your dock or taskbar all day

The web browser version works on Chrome, Safari, Firefox, and Edge.

Most people start with the browser version because there is nothing to install. Once you find yourself using Claude every day (and you will), the desktop app is worth downloading because it keeps Claude one click away at all times.

Topic 3 of 4: Free vs. Pro, What You Actually Get

Claude has a free plan and a paid plan called **Claude Pro**. The free plan is a real product, not a stripped-down demo. It is a genuinely useful way to start. That said, if you plan to use Claude regularly, Pro pays for itself fast.

Feature	Free	Pro (~\$20/month)
Access to Claude	Yes	Yes
Daily message limit	Limited	Much higher
Claude Sonnet (everyday model)	Yes	Yes
Claude Opus (advanced model)	No	Yes
Deep Research mode	No	Yes
Projects (organized workspaces)	Limited	Full access
Priority access during busy periods	No	Yes
Memory across conversations	Yes	Yes

Pricing is approximate. Always check claude.ai for current plans and pricing.

TIP

Start with the free plan. Get comfortable with it for a week or two. Once you start hitting the message limit or wanting to use Deep Research, that is your signal to upgrade. For most people using Claude seriously, **Pro is worth every dollar.**

Topic 4 of 4: The Model Lineup, Plain English

Claude comes in different versions called **models**. Each one strikes a different balance between speed, depth, and capability. You do not need to overthink this. Sonnet handles the vast majority of what most people will ever do.

Model	Speed	Best For	Think of It As...
Haiku	Very fast	Quick questions, simple tasks, repetitive work	The sprinter. Great for fast, lightweight jobs.
Sonnet <i>(recommended)</i>	Fast	Everyday writing, research, planning, content creation	The workhorse. Smart, capable, and right for most tasks.
Opus	Thorough	Complex analysis, big decisions, nuanced creative work	The strategist. Deep and deliberate for hard problems.
Fable	Most thorough	Anthropic's hardest problems: deep research, big multi-step projects, the most demanding reasoning	The heavyweight. Anthropic's most capable model, saved for when you want the absolute best answer and do not mind a longer wait.

How to Switch Between Models

You are not locked into one model for a whole conversation. Look for the model picker, usually a dropdown near the message box or at the top of the chat window, and choose the one you want. You can switch mid-conversation too. Claude keeps everything you have already discussed and simply answers your next message with the new model.

TIP

A good rule of thumb: Start with Sonnet, it handles almost everything well. Move up to Opus for a decision that actually matters. Save Fable for the rare project where you want Anthropic's absolute best thinking and are willing to wait a little longer for it. Haiku is there whenever you just need something fast and simple.

Part 1 Summary

- Claude is a conversational AI assistant built by Anthropic to be safe, honest, and genuinely useful.
 - You can access Claude via web browser, iOS, Android, or desktop app with no technical setup required.
 - The free plan is real and useful. Pro unlocks higher limits, more powerful models, and advanced features.
 - Start with Sonnet for everyday work, move to Opus when things get complex, and switch to Fable for your highest-stakes projects.
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PART 2 Your First Conversations

4 things that shape how good your results are from day one

Topic 1 of 4: How to Write a Prompt That Actually Works

A **prompt** is just what you type to Claude. That is all it is. There is no special language to learn and no commands to memorize. But there is a real difference between a prompt that gets a mediocre response and one that gets something genuinely useful.

The difference comes down to three things:

- **Context.** Tell Claude who you are and what situation you are in.
- **Specificity.** Vague questions get vague answers. The more detail you give, the more targeted the response.
- **Format.** Tell Claude how you want the answer delivered. A list? A paragraph? Short and punchy? Long and detailed?

Instead of This...	Try This Instead
"Help me write an email."	"Write a polite email to my neighbor asking if they can move their car on Saturday morning. Keep it short and friendly."
"Explain machine learning."	"Explain machine learning in plain English using a simple analogy that a 12-year-old would understand."
"Help me plan a trip."	"I have 4 days in Lisbon. Build a day-by-day itinerary with a mix of history, local food, and neighborhoods worth exploring."
"Write me a bio."	"Write a two-sentence bio for my Instagram. I am a photographer who specializes in pet portraits and I want to sound warm and approachable."

TIP

Not sure how to start? Just tell Claude exactly what you would tell a friend. Casual, natural language works perfectly. Claude is not grading your writing.

Topic 2 of 4: The Art of the Follow-Up

Here is something most new users miss: **you do not have to start over every time.** Claude remembers everything in your current conversation. You can keep refining, adjusting, and building on what it gives you without repeating yourself.

These phrases are all you need to take any response further:

- "Make it shorter."
- "Give me three different versions."
- "Change the tone to be more casual."
- "Add a section about [topic]."
- "Try a completely different approach."
- "Turn that into a bullet list."

- "That is not quite right. I meant..."
- "What would you change about this?"

TIP

One thing to know: The conversation resets when you start a new chat. Claude does not carry what you discussed into the next one. Memory across sessions is a separate feature covered in Part 3.

TIP

Working on something that will take multiple sessions? Copy a few sentences of context at the top of each new chat. A quick "here is what we are working on" goes a long way.

Topic 3 of 4: How to Upload Files and Images

Claude can read. That is one of the most underused features for new users. You can hand Claude a document, an image, a spreadsheet, or a PDF and it will read it and work with it right there in the conversation.

To upload, you have two options:

- Click the **paperclip icon** in the chat bar and select a file from your device.
- **Drag and drop** a file directly into the conversation window.

File Type	Examples	What Claude Can Do
Documents	Word, PDF, .txt	Summarize, edit, rewrite, pull out key points, answer questions about the content
Images	JPG, PNG, screenshots	Describe what it sees, analyze the image, read text that appears in a photo
Spreadsheets	Excel, CSV files	Read the data, spot patterns, answer questions about the numbers
Code files	Python, JS, HTML, etc.	Review the code, find errors, explain what it does, suggest improvements

A few things worth knowing:

- If a document contains a link, Claude cannot follow it automatically. Turn on web search for that.
- Very large files may take a moment to process. That is completely normal.
- Claude reads the content of the file, not anything else on your screen or device.

TIP

Try this: Upload a long document and ask Claude to summarize it in plain language or pull out the five most important points. It saves a remarkable amount of reading time.

Topic 4 of 4: How to Regenerate, Edit, and Give Feedback

You are always in control of the output.

Action	How to Do It	When to Use It
Regenerate	Click the circular arrow icon below the response	You want a completely fresh attempt at the same question
Edit your prompt	Hover over your message and click the pencil icon	You want to rephrase or add more detail to what you originally asked
Follow up in chat	Type your adjustment as the next message	You want to refine, extend, or redirect the response (most common)
Give feedback	Click thumbs up or thumbs down below any response	Anytime, to help Anthropic improve Claude over time

TIP

If Claude gives you a response that completely misses the mark, do not just regenerate and hope for a different result. **Edit your prompt and add more context first.** A better question almost always gets a better answer.

Part 2 Summary

- Good prompts give Claude context, specificity, and a format. Vague in, vague out.
- Claude remembers everything in your current conversation. Build on it instead of starting over.
- You can upload documents, images, spreadsheets, and code for Claude to read and work with.
- You can regenerate, edit, follow up, or leave feedback. A quick follow-up handles most situations.

PART 3 Power Features in Chat

6 features that take you from beginner to confident user

Topic 1 of 6: Artifacts, Claude Builds Real Things

When Claude creates something substantial enough to stand on its own, it appears in a side panel called an **Artifact**. Not just text in the chat. An actual file or piece of work you can copy, download, and use.

Artifact Type	What It Is	When Claude Creates One
Document	A formatted text file you can copy or download	Reports, articles, letters, plans, summaries
Spreadsheet	A working table of structured data	Trackers, budgets, comparison charts, data sets
Web page	A fully rendered HTML page with styling	Landing pages, forms, simple tools, visual layouts
Code / Script	Executable code in any language	Automations, scripts, apps, functions
Interactive tool	A working calculator, quiz, or widget	Calculators, decision trees, interactive guides

When you want an artifact, just ask for it directly:

- "Build me a simple landing page for my photography portfolio."
- "Create a spreadsheet to track my monthly expenses."
- "Write a Python script that renames files in a folder."

TIP

You can keep editing an artifact inside the same conversation. Say "add a contact section" or "change the color to navy" and Claude updates it in place.

Topic 2 of 6: Web Search, Real-Time Information

Claude's built-in knowledge has a cutoff date. When you turn on **web search**, Claude can pull in current information from the internet in real time. Look for the globe icon or web search toggle in the chat input bar.

Use Web Search When...	Skip It When...
Current news, events, or announcements	Timeless topics like history or science
Recent prices, statistics, or data	Creative writing or brainstorming
Research that must be up to date	Working with a file you have already uploaded
Anything where timing matters	Concepts Claude knows well from training
Checking if a business or website exists	Quick questions with stable answers

TIP

Web search and uploaded files work well together. You can upload a document and have web search on in the same conversation. Claude will use both.

Topic 3 of 6: Deep Research, Your On-Demand Research Assistant

Deep Research is not the same as turning on web search. It is a separate mode where Claude reads multiple sources carefully, synthesizes everything it finds, and comes back with a comprehensive report. It takes a few minutes. The output is closer to what a research assistant would hand you after a full morning of work.

	Regular Chat	Web Search On	Deep Research
Source	Claude's training data	1–3 live web pages	Many sources, fully read and synthesized
Speed	Instant	Seconds	A few minutes
Depth	Good for concepts and writing tasks	Good for quick current facts	Best for thorough, well-sourced answers
Best for	Ideas, writing, explaining, creating	News, prices, recent events	Market research, competitive analysis, complex topics

Deep Research works best for:

- Competitive research on a topic, product, or company
- Getting up to speed on an industry or subject you are new to
- Building a sourced overview before a meeting, pitch, or big decision
- Anything complex enough that one or two web pages will not cut it

TIP

Give Deep Research a specific, well-framed question and it will do the rest. The more focused your question, the more useful the report.

Topic 4 of 6: Memory, Claude Learns Who You Are

When **Memory** is turned on, Claude builds a profile of things you have shared across many conversations and quietly applies it going forward. The result is that Claude starts to feel less like a stranger and more like a collaborator who actually knows you.

What kinds of things go into memory:

- Your name and general background
- Topics and projects you come back to often

- Communication preferences you have mentioned
- Goals or context you have shared in past conversations

EXAMPLE

If you mentioned in a past conversation that you prefer concise answers and dislike bullet points, Claude may apply that preference in future chats without you asking again.

Where to find Memory settings: Open **Settings** → **Capabilities** → **Memory**

- Toggle **"Generate memory from chat history"** to ON to enable memory across conversations.

TIP

Check your Memory settings every now and then to make sure what is stored is accurate. Click "View and manage memory" to see, edit, or delete anything Claude has saved.

Topic 5 of 6: Projects, Keep Your Work Organized

Projects are organized workspaces inside Claude. Think of each project as a dedicated room for a specific topic, goal, or area of your life. All conversations inside that project share the same context, files, and instructions.

Where to find Projects: Look for the stacked layers icon in the narrow left icon bar, then click **"New project."**

What to Add	Why It Helps
A brief description of the project or goal	Gives Claude context without you re-explaining it every session
Key files Claude should always reference	Claude can read them and apply them without you uploading again
Your preferred tone or style for this project	Claude will match the voice you want automatically
Names of people, places, or terms Claude should know	Prevents Claude from getting basic context wrong
What Claude should never do in this context	Sets clear guardrails for every conversation in the project

Some ideas for how to use projects:

- One project per client or account you work on
- A project for a course or study topic you are working through
- A creative project like a novel, podcast, or content series
- A personal project for travel planning, home renovation, or a major life decision

TIP

The instructions you add to a project are like a briefing document Claude reads before every session. A few specific sentences saves you from explaining the same things over and over.

Projects are available on Claude Pro. The number you can create may vary by plan.

Topic 6 of 6: Instructions for Claude, Train It Once

Under **Settings** → **General**, there is a field called **“Instructions for Claude.”** Whatever you write there, Claude keeps in mind across every conversation automatically.

EXAMPLE OF A GOOD INSTRUCTIONS ENTRY

"I prefer clear, direct responses without unnecessary filler phrases. Keep answers concise unless depth is genuinely needed. I like bullet points for lists but paragraphs for explanations. When I ask for writing help, match the tone I describe. Do not add disclaimers or caveats unless they are truly important."

Things worth including:

- How you like responses formatted (short vs detailed, lists vs paragraphs)
- Your writing or communication style preferences
- Your general background or what you do
- Anything you never want Claude to do, like adding unnecessary warnings

TIP

Set up your Instructions for Claude on day one. It takes five minutes and immediately improves every conversation you have. Update it anytime your needs change.

Part 3 Summary

- **Artifacts** are real files Claude creates: documents, spreadsheets, web pages, code, and interactive tools.
- **Web search** gives Claude access to current information. Turn it on when freshness matters.
- **Deep Research** goes further: multiple sources, synthesized into a thorough report. Use it for complex topics.
- **Memory** is under Settings → Capabilities. Turn it on so Claude learns who you are over time.
- **Projects** are accessed from the stacked layers icon in the left icon bar. Click New project to start.

- **Instructions for Claude** is under Settings → General. Write it once and every conversation benefits.
-

PART 4 Getting Better Results

3 techniques experienced users reach for every single day

Topic 1 of 3: Give Claude a Role

When you give Claude a specific role to step into, the entire quality and tone of its output shifts. It is one of the fastest, highest-impact techniques you can use. Same question. Completely different result.

How to do it: At the start of your prompt, tell Claude who to be.

- "Act as a direct response copywriter. [Your request]."
- "Act as a patient, friendly helper. I am a busy parent trying to understand a health insurance renewal letter. Walk me through what it actually means in plain language."
- "Act as an experienced editor who focuses on clarity and cutting unnecessary words."

Role	How to Phrase It	Best For
Copywriter	"Act as a direct response copywriter..."	Ads, emails, captions, sales pages, any persuasive writing
Editor	"Act as a professional editor focused on clarity..."	Tightening and improving any writing, personal or professional
Friendly Explainer	"Explain this like I am completely new to it..."	Medical documents, legal paperwork, confusing bills, insurance letters
Coach	"Act as a no-nonsense coach. Be direct and honest..."	Big decisions, life planning, honest feedback on any situation
Devil's Advocate	"Play devil's advocate on this idea..."	Stress-testing any plan or idea before committing to it
Personal Planner	"Act as a helpful personal planner..."	Meal planning, travel itineraries, schedules, to-do lists, budgets
Research Helper	"Act as a thorough research assistant..."	Comparing options, summarizing information, pulling out key points

TIP

Be as specific with the role as you would be in a job description. "Act as a copywriter" works. "Act as a direct response copywriter who specializes in health products for people over 50" works even better. **Specificity in the role compounds with specificity in the request.**

Topic 2 of 3: Ask Claude to Think Step by Step

For simple questions, a direct answer is fine. But for anything with complexity, tradeoffs, or real consequences, asking Claude to slow down and reason through it produces noticeably better results.

Add any of these phrases to your prompt:

- "Think step by step."
- "Walk me through your reasoning."
- "Break this down for me."
- "Think through the tradeoffs first."
- "What are all the considerations here?"
- "Think carefully before answering."

TIP

For your most complex work, **combine both techniques**: assign a role and ask for step-by-step reasoning. "Act as a strategic advisor. Think step by step through this decision." That combination is genuinely powerful.

Topic 3 of 3: What Claude Won't Do and What to Do Instead

Claude is designed to be genuinely helpful, but it has limits. The good news: most pushback is not a hard wall. It is a signal that the request needs more context.

When Claude pushes back, try one of these three things:

1. **Add context**: Tell Claude who you are and why you are asking. Purpose clears up most ambiguity.
2. **Clarify intent**: If the content is fictional, educational, or hypothetical, say so explicitly upfront.
3. **Ask what it can do**: Say: "I understand the hesitation. What can you help me with here?" Claude will often find a path forward.

TIP

If Claude pushes back, you can say: "I understand the hesitation. Here is more context about why I am asking: [reason]." This direct, honest approach resolves the vast majority of friction. **Claude responds well to transparency.**

Part 4 Summary

- Giving Claude a role shifts its perspective and sharpens its output. Be as specific as you can.
- Adding “think step by step” to complex prompts produces noticeably deeper, more useful reasoning.
- Most Claude pushback is resolved by adding context, clarifying intent, or asking what it can help with.
- Combine a role with step-by-step reasoning for your most demanding tasks.

PART 5 The Claude Ecosystem

Claude is not just a chat tool. Here is the full picture.

The full Claude product family as of 2026:

Product	Description
Claude Chat	The foundation. The chat interface covered throughout this guide.
Claude Cowork	Desktop automation tool for non-developers. Connects to your apps and runs multi-step workflows.
Claude Code	Command-line and editor tool for developers. Writes, reviews, and ships real code.
Claude in Chrome	A browsing agent that works alongside you in the browser without switching windows.
Claude Design	Visual content creation inside Claude. Build graphics, marketing materials, social media assets, and more.

Topic 1 of 4: Claude Cowork, Automation Without Code

Cowork is Claude's desktop app built for people who are **not** developers. The difference between Cowork and the chat interface is the difference between asking someone for advice and actually handing them the task. In the chat window, Claude responds with words. In Cowork, **Claude takes real actions.**

What Cowork can do:

- **Automate file tasks:** Rename, organize, move, and convert files automatically.
- **Connect to your apps:** Calendar, email, documents, and more. No setup code required.
- **Run Skills:** Install pre-built workflow templates for common tasks.
- **Multi-step workflows:** Chain actions together so Claude completes a full process, not just one step.
- **Works with Claude Design:** Cowork can call on Claude Design for visual tasks as part of a larger automated workflow.
- **Zero coding required:** Built for people who are not developers. If you can describe the task, Cowork can run it.

TIP

If you are currently doing the same repetitive computer task more than once a week, **Cowork is probably worth learning.** Cowork is available as a standalone desktop app from claude.ai.

Topic 2 of 4: Claude Code, For Builders

Claude Code is a separate tool designed for **developers**. It runs in the terminal and integrates directly with code editors like VS Code and JetBrains. It can read entire codebases, write new features, fix bugs, run tests, and ship working software.

TIP

Not a developer? Claude Chat already handles writing, explaining, and working with code snippets. Claude Code is for people who are building and shipping actual software. If that is not you yet, this is simply good context to have.

Topic 3 of 4: Claude in Chrome

Claude in Chrome is a browser extension that adds Claude as a **sidebar** directly inside Google Chrome. There is nothing new to open and no tab to switch to. Claude can read the page you are on and help you work with it right there, in real time.

What Claude in Chrome can do:

- Read and summarize any web page you are currently viewing
- Answer specific questions about the content on the page
- Research a topic without leaving the site you are on
- Help you draft replies to emails or messages you are reading
- Explain confusing language, legal terms, or complex content in plain English
- Take simple actions on web pages so you do not have to

TIP

Claude in Chrome works best for **research-heavy work**. Find it by searching "Claude" in the Chrome Web Store. It has over 9 million users.

Topic 4 of 4: Claude Design

Claude Design is the **visual content creation tool** built into Claude. Instead of switching between Claude and a separate design application, you describe what you want and Claude creates it.

What Claude Design can do:

- Create social media graphics and branded templates
- Design marketing materials including flyers, banners, and promotional visuals
- Build thumbnails and cover images for videos, podcasts, and articles
- Generate polished visual assets from a written description
- Iterate and refine designs through natural conversation
- Apply brand colors, fonts, and visual style consistently across assets

TIP

Claude Design is built for people who **create content regularly but are not graphic designers**. You can access Claude Design directly inside the Claude interface.

You now have the complete picture of what Claude can do in 2026. The chat window you have been working with throughout this guide is just the beginning. From automation to design to browser-based research, Claude has grown into a full ecosystem built around one idea: **AI should fit the way you actually work.**

Start with what you need most right now. Try one thing this week. Let it become part of how you work, then explore the next one.

BONUS **Bonus: 37 Things to Try in Claude Chat Today**

Every prompt below works in Claude Chat right now with no extra setup required. Just open Claude, type your version of the prompt, and go.

Writing and Content Creation

1. **Write a Complete Blog Post from an Outline:** Write a 1,500-word blog post from your outline. Use a conversational tone, include a hook intro, subheadings, and a strong CTA at the end.
2. **Rewrite Anything in Your Brand Voice:** Upload your brand style guide and paste a draft. Claude rewrites it to match your brand voice exactly.
3. **Create a Week of Social Media Content:** Get 7 days of Instagram captions, LinkedIn posts, and Twitter/X posts for any business or topic, with hashtag suggestions.
4. **Turn a Long Article into Multiple Formats:** Paste or upload any article and get a Twitter/X thread, LinkedIn post, email newsletter, Instagram carousel script, and 3 TikTok script hooks.
5. **Write Professional Emails in Seconds:** Get a professional email to any recipient on any topic in under 150 words, with a clear ask and a soft deadline built in.
6. **Create a Full Content Calendar:** Get a 30-day content calendar with topics, platforms, content types, caption drafts, and optimal posting days for any goal.
7. **Write YouTube Video Scripts:** Get a complete 10-minute YouTube script with a pattern-interrupt hook in the first 5 seconds, clear sections with transitions, and a CTA.
8. **Generate Newsletter Content:** Get a full newsletter with an engaging subject line, 3-sentence intro, main insight, one actionable takeaway, and a PS with a soft pitch.
9. **Create Ad Copy Variations:** Get 10 Facebook ad variations with hook headlines, primary text, and CTAs mixing emotional, logical, and curiosity-based angles.
10. **Write Product Descriptions That Sell:** Get benefit-led, sensory, conversion-focused descriptions for any product in 100 words that end with a reason to buy now.

Business and Productivity

11. **Analyze a Spreadsheet and Create a Report:** Upload any CSV or spreadsheet and get a summary report with key trends, outliers, and the top 5 findings.

12. **Build a Competitive Analysis:** Get a detailed breakdown of your top 5 competitors including pricing, features, target audience, strengths, and weaknesses.
13. **Create a Business Plan Outline:** Get a complete business plan outline with executive summary, market analysis, revenue model, marketing strategy, and 12-month milestones.
14. **Review and Summarize Contracts:** Upload any contract and get plain-English explanations of every section, flagged risks, and the 5 most important negotiation points.
15. **Create Pitch Decks from Scratch:** Get a 12-slide investor-ready pitch deck covering problem, solution, market size, business model, traction, team, competition, and financials.
16. **Build a Customer Onboarding Sequence:** Get a 7-email onboarding sequence with subject lines, body copy, CTAs, and trigger timing focused on your key activation metric.
17. **Create Standard Operating Procedures:** Get a complete SOP document with step-by-step instructions, decision trees for edge cases, and a checklist summary for any process.

Learning and Research

18. **Get a Personal Tutor on Any Subject:** Claude teaches you any subject from scratch, quizzes you after each concept, and adjusts difficulty based on your answers.
19. **Summarize an Entire Book in 5 Minutes:** Get the core thesis, top 5 insights, most important quotes, and 3 action items for any book in under 1,000 words.
20. **Research Any Topic in Depth:** Get a thorough breakdown of any topic including current state, key players, recent developments, and different perspectives.
21. **Prepare for a Job Interview:** Get 15 likely interview questions, STAR-method answers based on your resume, and 5 smart questions to ask the interviewer.

- 22. **Practice a New Language with Conversation:** Have natural conversations in any language at your level with real-time error corrections and explanations after each response.
- 23. **Create Study Flashcards from Notes:** Upload or paste lecture notes and get 50 organized question-and-answer flashcards formatted for printing.
- 24. **Explain Complex Topics Simply:** Get any topic explained at beginner level using everyday analogies, with complexity gradually increasing as your understanding grows.
- 25. **Write a Literature Review:** Get an academic literature review organized by theme, with identified research gaps, conflicting findings, and proper citation format.

Personal and Life Management

- 26. **Plan an Entire Trip from Scratch:** Get a 7-day trip plan including hotel recommendations, a daily itinerary with times, restaurant suggestions, and a packing list.
- 27. **Create a Personalized Fitness Plan:** Get a 12-week workout plan for any goal, schedule, and equipment level including warm-up, main workout, and cool-down each day.
- 28. **Build a Monthly Budget from Bank Statements:** Upload your bank statement and get every transaction categorized, a spending breakdown by area, and a budget template for next month.
- 29. **Write a Resume Tailored to a Specific Job:** Upload your resume and a job posting and get a rewritten resume that mirrors their language, highlights the right experience, and passes ATS.
- 30. **Create a 7-Day Meal Plan:** Get a full meal plan with breakfast, lunch, dinner, and snacks plus a consolidated grocery list and a Sunday batch-cooking schedule.
- 31. **Negotiate a Better Salary:** Get a negotiation strategy with market data to support your ask, a counter-offer email, a phone script, and fallback positions.

32. **Get Help with Taxes and Deductions:** Walk through every deduction you may qualify for with a custom checklist of documents to gather before filing.

Code and Technical

33. **Debug Your Code with Explanations:** Paste any broken code and get every bug identified, explained, and fixed with comments walking through each change.

34. **Convert Code Between Languages:** Convert any script between programming languages while keeping the same logic and functionality, with type annotations added.

35. **Write Tests for Existing Code:** Paste your code and get unit tests covering edge cases, error handling, and happy paths with at least 90% coverage.

36. **Create API Documentation:** Upload your API codebase and get complete documentation including endpoints, request and response formats, and curl examples.

37. **Build a Chrome Extension:** Describe the functionality you want and get the complete extension code including popup UI, background script, and manifest.json.

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